meet your neighbour

Knowing your neighbours brings many benefits:

- Connected people feel safer, happier and live healthier lifestyles
- Being neighbourly breaks down social barriers, reduces isolation and improves wellbeing
- Neighbours can assist with errands, support, advice or a cuppa and a chat

Hello,

I live in your neighbourhood and would like to introduce myself.

Name: _____

Address: _____

Contact details: _____

Call me if you need help with:

☐ Putting out bins ☐ Collecting mail ☐ Feeding pets
☐ A cuppa and a chat ☐ Other _____

_____

Neighbours who know each other, look out for each other and build friendlier more resilient neighbourhoods.

Neighbourhood Watch.